



Transformative and Emancipatory Adult Education (TEAE) Network

Research Retreat Symposium 2025

Transforming Work-Life Balances

18-20 June 2025

Venue: University of Malta (Valetta Campus, Room 103), Malta

Welcome to our research retreat focused on exploring and transforming work-life balance. This retreat emphasizes collaborative dialogue, experiential learning, and meaningful research conversations rather than traditional academic presentations.

Overview

Our retreat is designed to foster deep engagement through:

- Small group research conversations
- Experiential learning sessions
- Collaborative knowledge building
- Informal dialogue and networking

Preparation Instructions

Option 1: Research Paper Contributors

If you have submitted a research paper , please follow these guidelines:

Group Formation

- You will be placed in small groups of 4-6 colleagues
- Groups are organized around similar research areas or shared research questions
- You will receive the book of abstracts as a separate document, and find the names of your colleagues who are in the same group in the program.

Preparation Requirements

- 1. Read Group Members' Abstracts**
 - Review the abstracts of all colleagues in your assigned group
 - Identify common themes, overlapping interests, and potential connections
 - Prepare 2/3 thoughtful questions you would like to explore together
- 2. Prepare a One-Page Research Summary**
 - Create a concise, one-page summary highlighting the most important aspects of your research
 - Focus on key findings, insights, or questions rather than methodology details
 - In the Summary, provide your contacts for further connections
 - Bring printed copies for each group member (4-5 copies)
 - This summary will serve as a conversation starter, not a formal presentation

3. **Adopt a Conversational Mindset**

- **No PowerPoint presentations required**
- **No traditional academic presentations**
- Focus on creating space for meaningful dialogue and exchange
- Come prepared to listen, question, and engage collaboratively

During Your Session

- Share your one-page summary with group members
- Engage in open research conversations
- Ask questions and build on others' ideas
- Explore connections between your work and colleagues' research

Option 2: Experiential Session Facilitators

If you are offering an experiential session, please follow these guidelines:

Preparation Requirements

1. One-Page Session Summary

- Prepare a brief, one-page description of your experiential session
- Include the session's purpose, key activities, and expected outcomes
- Include references and your contacts for further connection
- Bring copies for interested participants

2. Time Management

- **Strictly adhere to your assigned time slot**
- Plan your session to fit within the allocated timeframe
- Include time for participant engagement and reflection
- Consider logistics and setup/cleanup time within your slot

Session Guidelines

- Create an engaging, interactive experience
- Foster participant involvement and reflection
- Connect your session to the retreat's theme of work-life balance transformation
- Be prepared to adapt based on group size and dynamics

As experiential session facilitators, you can choose the small conversation groups you'd like to join. Please come prepared to listen, question, and engage collaboratively.

Questions?

If you have questions about these guidelines or need clarification about your role in the retreat, please contact the organizing committee before the event. If you need a certificate for your active participation or for presenting your work, the organizing committee will be delighted to prepare it and send it to you after the event.

We look forward to meaningful conversations and collaborative learning at our retreat!